

# Wichita Falls Guide

## The Gym

### Wichita Falls Athletic Club

3118 Buchanan St  
Wichita Falls TX 76308  
(940)696-0829

## Getting In/Out

Plane Wichita Falls Municipal Airport (SPS): Not recommended. They are quick to cancel flights.

4000 Armstrong Drive Wichita Falls TX 76305

Directions from SPS to WFAC

Dallas/Ft Worth (DFW): DFW is an easy 1hr 45 min from WFAC. AA hub.

1530 W 18th St Dallas TX 75261

Directions from DFW to WFAC

Oklahoma City (OKC): OKC is ~2hr. Small airport. Some highway tolls.

7100 Terminal Dr # 301, Oklahoma City, OK 73159

Directions from OKC to WFAC

## Getting around town

Car. You'll need one. Or a bike.

Note: Everything is very easy here. If you have to stop more than 2 times, you're doing it wrong.

## Hotels

Map of hotels in WF [here](#)

Recommended: [Days Inn](#) on Kell (4500 Kell Blvd, Wichita Falls, TX 76309)

All the major hotels here should be fine. We like this one because it puts you right next door to [United Market Street](#).

## FOOD

### GROCERY STORES/Meat Markets

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#### **United Market Street**

Nicest grocery store in town  
Food, very good prepared food,  
coffee, beer, wine  
7am-11pm  
[4590 Kell Boulevard](#)  
Wichita Falls, TX 76309

#### **Carniceria Los Cuates**

Lots of meat. Excellent chorizo. Some beer.  
Bakery.  
[1105 Broad St](#)  
Wichita Falls, TX 76301

#### **Texas Best**

Meat, meat, meat. They like their jerky,  
but their tri tip or porterhouse wins.  
[7043 Seymour Highway](#)  
Wichita Falls, TX 76310

**Walmart** (and Sam's Club is 90 deg to it)  
3 in the area.

This one is around the corner from the gym.  
Food, prepared food, beer, wine,  
most everything else  
OPEN 24hrs !!!!!  
[3130 Lawrence Road](#)  
Wichita Falls, TX 76308

#### **La Michoacana**

Lots of meat. Lots of other stuff. Tacos + etc for  
sale in store.  
[1508 Midwestern Parkway](#)  
Wichita Falls TX 76302

#### **Albertsons**

Avoid.

#### **King's**

AVOID!!!!

### ALL YOU CAN EAT PLACES

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#### **Golden Corral**

Or by the pound. Basic food.  
[3812 Kemp Boulevard](#)  
Wichita Falls, TX 76308

Grand Buffet  
Chinese/Mongolian BBQ  
[4407 Kemp Boulevard](#)  
Wichita Falls, TX 76308

#### **Genghis Grill**

Kinda slow. And a trusted source says that  
Grand Buffet's MBBQ is better.  
[3210 Midwestern Parkway](#)  
Wichita Falls, TX 76308

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## MILK

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### **Braum's**

Best place for milk (and ice cream!)

This is the closest one to the gym:

[2304 Kemp Boulevard](#)

Wichita Falls, TX 76309

## COFFEE

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### **Starbucks**

Right by the gym.

[2908 Kemp Boulevard](#)

Wichita Falls, TX 76308

## BBQ

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### **The Branding Iron**

The Best.

Open to 8pm Fri & Sat, 3pm else.

Closed Sun.

[104 E Scott Ave](#)

Wichita Falls, TX 76301

### **Prine's**

[1209 13th Street](#)

Wichita Falls, TX 76301

## HAMBURGERS

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### **Ronnie's Burgers**

As big as you want it to be. Extra cheese is recommended. Til 8pm M-Sat

[1501 Midwestern Parkway](#)

Wichita Falls, TX 76302

### **Glass Kitchen**

Old, nifty place. Yum.

[2614 Old Iowa Park Road](#)

Wichita Falls, TX 76306

### **Pat's Drive-In**

Lunch only. Can drive thru or eat in.

[400 Scott Ave](#)

Wichita Falls, TX 76301

### **Herd's Burgers**

**Closes at 4pm.**

Yes, it IS in Jackboro, TX

Worth the drive.

400 N Main

Jacksboro, TX 76458

[Directions](#) from WFAC.

NB: People argue about which is the best place for burgers in WF. Try them all. But Herd's wins over all of them by quite a lot.

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## OTHER GOOD PLACES

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[Sevi's Burritos](#)

[El Ranchito](#)

## ALCOHOL

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Koch's Liquors

Local Boys

United

Walmart

## BREAKFAST

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## WEIRD THINGS AVAILABLE IN WF

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Beanie Burgers

Cheese Enchiladas at Pioneer

Drive In for Red Draws at P2 or BarL

